

AUGUST 2017



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Could Your Child Be Eligible for FREE Meals?

Over 60% of students in our district qualify for free or reduced-priced meals. Applying is free and easy. Fill out an application today. A NEW MEAL APPLICATIONS MUST BE FILLED OUT EACH SCHOOL YEAR! Your student's meal eligibility status (free, reduced or paid) will carry over from last year for 30 DAYS ONLY. Afterwards, all students will automatically switch to FULL PAID status if a new application has not been filled out. The easiest way to apply is online. Visit our district webpage www.slcschools.org. Under the "District" tab under the "Student Services" section, select "Child Nutrition." A link to the application can be found just above the "Meal Prices" section on the main Child Nutrition webpage. Paper applications are also available in all school kitchens.



Payments can be added to student lunch accounts online at MyPaymentsPlus.com. Payments can also be made at the **FRONT OFFICE** of your school, not the cafeteria.

WE'RE
HIRING

No evenings, weekends, or holidays! **\$11.50 starting wage.** One **FREE** meal per work day when you work in the child nutrition department. Apply online today at www.slcschools.org.

Access [monthly menus, nutrition information, carb counts and allergy information online or on your phone.](#) Download the app and visit our district website. There is a clickable link on our Child Nutrition Webpage and the app can be downloaded on iphone or android under the title "[Web Menus for School Nutrition.](#)"

2017-2018 MEAL PRICES

PAID ELEMENTARY STUDENT

Breakfast	\$1.00
Lunch	\$2.00

ADULT MEALS & 2nd STUDENT MEALS

Breakfast	\$2.50
Lunch	\$3.50

During BREAKFAST, cereal and muffins are offered as daily alternatives to the breakfast entrée. Milk, fruit and juice are offered daily at breakfast time.

During LUNCH, 3 entrée options are offered daily. (Fridays 2 entrees are offered.) All students must choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein. When choosing ingredients and entrees to serve for our program we look for foods that are lean, low-fat, low-sodium, low-sugar, and whole grain rich. Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

½ CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL.

MENU IS SUBJECT TO CHANGE.

Pancakes

21

PIZZA DIPPERS
OR **CORN DOG**
OR **YOGURT BASKET**

Marinara Sauce,
Peaches, Milk

Breakfast Sandwich

22

BEEF DIPPERS
OR **CHICKEN NUGGETS**
OR **HAM SANDWICH**

Fried Rice, Broccoli,
Pears, Cookie, Milk

French Toast Sticks

23

TURKEY ROAST
OR **CHICKEN PATTY**
OR **MUFFIN BASKET**

Mashed Potatoes,
Green Beans,
Applesauce, Milk

Pancake on a Stick

24

NACHOS
OR **PIZZA**
OR **PRETZEL with CHEESE**

Pico de Gallo, Corn,
Mixed Fruit, Orange
Slices, Milk

Dutch Waffle

25

HAMBURGER
OR **EZ JAMMER**

Chips, Lettuce, Pickle,
Tomato, Milk

French Toast Sticks

28

CHALUPA
OR **BURRITO**
OR **YOGURT BASKET**

Corn, Peaches, Salsa,
Milk

Breakfast Pizza

29

HOT DOG
OR **CHICKEN NUGGETS**
OR **HAM SANDWICH**

Broccoli, Strawberries,
Grapes, Cookie, Milk

Pancakes

30

BAKED CHICKEN
OR **PIZZA POCKET**
OR **MUFFIN BASKET**

Mashed Potatoes,
Green Beans,
Applesauce, Milk

Biscuits & Gravy

31

GRILLED CHEESE
OR **CHEESEBURGER**
OR **PRETZEL with CHEESE**

Tomato Soup, Mixed
Fruit, Lettuce, Pickle,
Tomato, Milk

Welcome
back!

September 2017

Monday

Tuesday

Wednesday

Thursday

Friday

No district employee or student shall be subjected to discrimination in employment or any district program or activity on the basis of age, color, disability, gender, gender identity, genetic information, national origin, pregnancy, race, religion, sexual orientation, or veteran status. The district is committed to providing equal access and equal opportunity in its programs, services, and employment including its policies, complaint processes, program accessibility, district facility use, accommodations, and other Equal Employment Opportunity matters. The district also provides equal access to district facilities for all youth groups listed in Title 36 of the United States Codes, including scouting groups. The following person has been designated to handle inquiries and complaints regarding unlawful discrimination, harassment and retaliation: Kathleen Christy, Assistant Superintendent, 440 East 100 South, Salt Lake City, Utah 84111, (801) 578-8251. You may also contact the Office for Civil Rights, Denver, CO. (303) 844-5695.

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**LABOR DAY
NO SCHOOL**

5

Breakfast Sandwich

PIZZA

OR DRUMSTICK w/muffin
OR HAM SANDWICH

Potato Wedges,
Pears, Milk

6

French Toast Sticks

HAMBURGER

OR COUNTRY FRIED STEAK
OR MUFFIN BASKET

Mashed Potatoes, Green
Beans, Lettuce, Pickle,
Tomato, Applesauce, Milk

7

Pancake on a Stick

CHILI with breadstick
OR CHICKEN NUGGETS
OR PRETZEL with CHEESE

Corn, Mixed Fruit,
Cantaloupe, Rice
Krispies Treat, Milk

8

Dutch Waffle

CORN DOG
OR EZ JAMMER

Chips, Milk

11

French Toast Sticks

CHICKEN & WAFFLES
OR CHICKEN SANDWICH
OR YOGURT BASKET

Green Beans, Peaches,
Lettuce, Pickle, Tomato,
Milk

12

Breakfast Pizza

NACHOS

OR PIZZA
OR HAM SANDWICH

Corn, Pico de Gallo,
Grapes, Strawberries,
Milk

13

Pancakes

TERIYAKI CHICKEN & RICE
OR HOT DOG
OR MUFFIN BASKET

Broccoli, Applesauce,
Milk

14

Biscuits & Gravy

BEEF DIPPERS
OR CHICKEN NUGGETS
OR PRETZEL with CHEESE

Fried Rice, Pears,
Pudding, Milk

15

Breakfast Sliders

HAMBURGER
OR EZ JAMMER

Chips, Lettuce, Pickle,
Tomato, Milk

18

Pancakes

PIZZA DIPPERS
OR DRUMSTICK w/ muffin
OR YOGURT BASKET

Marinara Sauce,
Mixed Fruit, Milk

19

Breakfast Sandwich

SOFT TACO

OR CHALUPA
OR HAM SANDWICH

Corn, Peaches, Milk

20

French Toast Sticks

BAKED CHICKEN
OR CORN DOG
OR MUFFIN BASKET

Mashed Potatoes,
Green Beans,
Applesauce, Milk

21

Pancake on a Stick

CHEESE ENCHILADAS
OR PIZZA
OR PRETZEL with CHEESE

Broccoli, Pears, Orange
Slices, Jello, Milk

22

Dutch Waffle

CHICKEN SANDWICH
OR EZ JAMMER

Chips, Lettuce, Pickle,
Tomato, Milk

25

French Toast Sticks

CHILI & CHIPS
OR BURRITO
OR YOGURT BASKET

Corn, Peaches, Milk

26

Breakfast Pizza

MAC & CHEESE
w/ chicken nuggets
OR CHEESEBURGER
OR HAM SANDWICH

Green Beans,
Strawberries, Lettuce,
Pickle, Tomato, Milk

27

Pancakes

ORANGE CHICKEN & RICE
OR HOT DOG
OR MUFFIN BASKET

Broccoli, Applesauce,
Milk

28

Biscuits & Gravy

PIZZA POCKET
OR EZ JAMMER

Chips, Milk

29

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