

# MAY 2017



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

## MONDAY

Pancakes **1**  
**PIZZA DIPPERS**  
 OR PIZZA OR  
 YOGURT BASKET OR  
 SALAD KIT  
 Marinara Sauce,  
 Mixed Fruit, Milk

French Toast Sticks **8**  
**CHILI & CHIPS**  
 OR GRILLED CHEESE  
 OR YOGURT BASKET  
 OR SALAD KIT  
 Corn, Peaches, Milk

Pancakes **15**  
**PIZZA DIPPERS**  
 OR CORNDOG OR  
 YOGURT BASKET OR  
 SALAD KIT  
 Marinara Sauce,  
 Peaches, Milk

French Toast Sticks **22**  
**CHALUPA OR**  
**BURRITO**  
 OR YOGURT BASKET  
 OR SALAD KIT  
 Corn, Peaches,  
 Salsa, Milk

**NO SCHOOL** **29**

## TUESDAY

Breakfast Sandwich **2**  
**PASTA w/ meat sauce**  
 OR CHALUPA OR  
 TURKEY SANDWICH  
 OR SALAD KIT  
 Corn, Peaches,  
 Salsa, Milk

Breakfast Pizza **9**  
**CHEESEBURGER**  
 OR MAC & CHEESE w/  
**CHICKEN NUGGETS** OR  
 TURKEY SANDWICH OR  
 SALAD KIT  
 Green Beans, Lettuce,  
 Pickle, Tomato, Milk,  
 Strawberries

Breakfast Sandwich **16**  
**BEEF BITES OR**  
**CHICKEN NUGGETS**  
 OR TURKEY SANDWICH  
 OR SALAD KIT  
 Fried Rice, Broccoli,  
 Pears, Cookie, Milk

Breakfast Pizza **23**  
**HOTDOG OR**  
**CHICKEN NUGGETS**  
 OR TURKEY SANDWICH  
 OR SALAD KIT  
 Broccoli, Strawberries,  
 Grapes, Cookie, Milk

Breakfast Sandwich **30**  
**CHEESEBURGER OR**  
**GRILLED CHEESE** OR  
 TURKEY SANDWICH OR  
 SALAD KIT  
 Baked Fries, Pears, Milk,  
 Lettuce, Pickle, Tomato,

## WEDNESDAY

French Toast Sticks **3**  
**BAKED CHICKEN**  
 OR HAM SANDWICH  
 OR YOGURT MUFFIN  
 BASKET OR SALAD KIT  
 Mashed Potatoes, Whole  
 Grain Roll, Green Beans,  
 Applesauce, Gravy, Milk

Pancakes **10**  
**ORANGE**  
**CHICKEN BOWL OR**  
 PIZZA POCKET OR  
 YOGURT MUFFIN  
 BASKET OR SALAD KIT  
 Broccoli, Applesauce,  
 Milk

French Toast Sticks **17**  
**TURKEY ROAST**  
 OR HAM SANDWICH  
 OR YOGURT MUFFIN  
 BASKET OR SALAD KIT  
 Mashed Potatoes, Whole  
 Grain Roll, Green Beans,  
 Gravy, Applesauce, Milk

Pancakes **24**  
**BAKED CHICKEN**  
 OR HAM SANDWICH  
 OR YOGURT MUFFIN  
 BASKET OR SALAD KIT  
 Mashed Potatoes, Whole  
 Grain Roll, Green Beans,  
 Applesauce, Gravy, Milk

French Toast Sticks **31**  
**PIZZA DIPPERS**  
 OR PIZZA OR  
 YOGURT BASKET OR  
 SALAD KIT  
 Marinara Sauce, Green  
 Beans, Applesauce, Milk

## THURSDAY

Pancake on a Stick **4**  
**ENCHILADAS OR**  
**SOFT TACO OR DELI**  
 WRAP w/ pretzels  
 OR SALAD KIT  
 Steamed Broccoli, Pears,  
 Orange Slices, Cookie,  
 Salsa, Milk

Biscuits & Gravy **11**  
**BURRITO OR**  
**CHICKEN FAJITAS**  
 OR DELI WRAP w/  
 pretzels OR SALAD KIT  
 Fajita Veggies, Mixed  
 Fruit, Cantaloupe, Salsa,  
 Jello, Milk

Pancake on a Stick **18**  
**NACHOS OR**  
**SOFT TACO OR DELI**  
 WRAP w/ pretzels  
 OR SALAD KIT  
 Pico de Gallo, Corn, Milk,  
 Mixed Fruit, Orange Slices

Biscuits & Gravy **25**  
**CHICKEN**  
**SANDWICH OR**  
 EZ JAMMER OR  
 SALAD KIT  
 Chips, Lettuce, Pickle,  
 Tomato, Milk

Pancake on a Stick **1**  
**CHILI & CHIPS**  
 OR CHICKEN NUGGETS  
 OR DELI WRAP w/pretzels  
 OR SALAD KIT  
 Corn, Mixed Fruit, Rice  
 Krispies Treat, Salsa, Milk

## FRIDAY

Waffle Sticks **5**  
**CHICKEN**  
**SANDWICH OR**  
 EZ JAMMER OR  
 SALAD KIT  
 Chips, Lettuce, Pickle,  
 Tomato, Milk

Breakfast Sliders **12**  
**HAM & CHEESE**  
**SANDWICH**  
 OR EZ JAMMER  
 OR SALAD KIT  
 Chips, Lettuce, Pickle,  
 Tomato, Milk

Waffle Sticks **19**  
**HAMBURGER**  
 OR EZ JAMMER  
 OR SALAD KIT  
 Chips, Lettuce,  
 Pickle, Tomato, Milk

**NO SCHOOL** **26**

Waffle Sticks **2**  
**HAM & CHEESE**  
**SANDWICH**  
 OR EZ JAMMER  
 OR SALAD KIT  
 Chips, Lettuce, Pickle,  
 Tomato, Milk

## 2016-2017 MEAL PRICES

### PAID ELEMENTARY STUDENT

Breakfast \$1.00  
 Lunch \$2.00

### ADULT MEALS & 2<sup>nd</sup> STUDENT MEALS

Breakfast \$2.50  
 Lunch \$3.50

During BREAKFAST, cereal and muffins are offered as daily alternatives to the breakfast entrée. Milk, fruit and juice are offered daily at breakfast time.

During LUNCH, SALAD KITS are offered as an entrée option daily. Salad kits include a 1 oz turkey stick, a 1 oz cheese stick, and a whole grain roll. Vegetables can then be added at the salad bar. At lunchtime all students must choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein. When choosing ingredients and entrees to serve for our program we look for foods that are lean, low-fat, low-sodium, low-sugar, and whole grain rich. Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

½ CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL.

MENU IS SUBJECT TO CHANGE.

# SLCSD SUMMER FOOD SERVICE PROGRAM



## YOU'RE INVITED!!!

School may be almost over but the delicious school meals don't have to end. **ALL KIDS 18 and under** are welcome to join us for **FREE MEALS** at a variety of nearby schools and parks this summer. Check out our district website or call our child nutrition office for meal times and locations.

[www.slcschools.org](http://www.slcschools.org)

801-974-8380

City Library, 17<sup>th</sup> South River Park, Fairmont Park, Jordan Park, Jordan Meadows Park, Northwest Central Park, Riverside Park, Sherwood Park, Sunnyside Park, Westpointe Park



**SALT LAKE CITY  
SCHOOL DISTRICT**  
*Your Best Choice*



**PAY FOR  
STUDENT  
MEALS  
ONLINE!**

Visit [MyPaymentsPlus.com](http://MyPaymentsPlus.com) to add money to your student's meal account online. Payments can also be made at the front office of your school.



Download the app and visit our district website. There is a clickable link on our Child Nutrition Webpage and the app can be downloaded on iphone or android under the title "Web Menus for School Nutrition." to access monthly menus, nutrition information, carb counts and allergy information.

*No district employee or student shall be subjected to discrimination in employment or any district program or activity on the basis of age, color, disability, gender, gender identity, genetic information, national origin, pregnancy, race, religion, sexual orientation, or veteran status. The district is committed to providing equal access and equal opportunity in its programs, services, and employment including its policies, complaint processes, program accessibility, district facility use, accommodations, and other Equal Employment Opportunity matters. The district also provides equal access to district facilities for all youth groups listed in Title 36 of the United States Codes, including scouting groups. The following person has been designated to handle inquiries and complaints regarding unlawful discrimination, harassment and retaliation: Kathleen Christy, Assistant Superintendent, 440 East 100 South, Salt Lake City, Utah 84111, (801) 578-8251. You may also contact the Office for Civil Rights, Denver, CO, (303) 844-5695.*