

# April 2023



This institution is an equal opportunity provider.

MENU IS SUBJECT TO CHANGE.



## Monday

Breakfast Burrito

3

**CHICKEN NUGGETS & CORN MUFFIN**  
OR MUFFIN BASKET  
OR PIZZA LUNCHABLE  
Ketchup, BBQ Sauce, Peaches, Milk

Pancake on a Stick

10

**DRUMSTICK & CORN MUFFIN**  
OR MUFFIN BASKET  
OR PIZZA LUNCHABLE  
Green Beans, Peaches, Milk

Breakfast Burrito

17

**POPCORN CHICKEN & WAFFLES**  
OR MUFFIN BASKET  
OR PIZZA LUNCHABLE  
Broccoli, Peaches, Syrup, Snickerdoodle, Milk

Pancake on a Stick

24

**HOT DOG**  
OR MUFFIN BASKET  
OR PIZZA LUNCHABLE  
Potato Wedge, Peaches, Ketchup, Mustard, Milk

## Tuesday

Pancakes

4

**CHEESE STUFFED STICKS**  
OR MUFFIN BASKET  
OR TURKEY HAM SANDWICH  
Lettuce, Pickle, Tomato, Marinara Sauce, Pears, Broccoli, Cookie, Milk

Biscuits & Gravy

11

**MAC AND CHEESE**  
OR MUFFIN BASKET  
OR TURKEY HAM SANDWICH  
Lettuce, Pickle, Tomato, Broccoli, Strawberry Slice, Cookie, Milk

Pancakes

18

**CHILI W/ CHIPS & CHEESE**  
OR MUFFIN BASKET  
OR TURKEY HAM SANDWICH  
Lettuce, Pickle, Tomato, Corn, Peas, Milk

Biscuits & Gravy

25

**PIZZA**  
OR MUFFIN BASKET  
OR TURKEY HAM SANDWICH  
Lettuce, Tomato, Pickle, Green Beans, Strawberry Slice, Fresh Apple, Milk

## Wednesday

Breakfast Pizza

5

**HOT HAM & CHEESE CROISSANT**  
OR CORN MUFFIN BASKET  
OR LUNCHABLE TURKEY & CHEESE  
Mixed Fruit, Green Beans, Applesauce Cup, Milk

French Toast Sticks

12

**PIZZA**  
OR MUFFIN BASKET  
OR LUNCHABLE TURKEY & CHEESE  
Corn, Applesauce Cup, Milk

Breakfast Pizza

19

**CHICKEN NUGGETS & CORN MUFFIN**  
OR MUFFIN BASKET  
OR TURKEY & CHEESE LUNCHABLE  
Strawberries Slices, Ketchup, BBQ Sauce, Milk

French Toast Sticks

26

**CHEESE ENCHILADAS**  
OR CORN MUFFIN BASKET  
OR LUNCHABLE TURKEY & CHEESE  
Salsa, Applesauce Cup, Milk

## Thursday

French Toast Sticks

6

**SLOPPY JOES**  
OR NACHO CHEESE & CHIPS  
OR TURKEY HAM SANDWICH  
Lettuce, Tomato, Pickle, Potato Wedge, Corn,

Breakfast Pizza

13

**CHICKEN POTATO BOWL**  
OR NACHO CHEESE & CHIPS  
OR TURKEY HAM SANDWICH  
Lettuce, Tomato, Pickle, Fresh Apple, Mixed Fruit, Roll, Milk

French Toast Sticks

20

**TERIYAKI CHICKEN W/ RICE**  
OR NACHO CHEESE & CHIPS  
OR TURKEY HAM SANDWICH  
Lettuce, Tomato, Pickle, Green Beans/Carrots, Mixed Fruit, Milk

Breakfast Pizza

27

**SPICY/REG CHICKEN SANDWICH**  
OR EZ JAMMER  
Lettuce, Pickle, Tomato, Chips, Strawberry Cup, Ketchup, Mayo, Mustard, Milk

## Friday

Dutch Waffle

7

**SPICY/REG CHICKEN SANDWICH**  
OR EZ JAMMER  
Lettuce, Pickle, Tomato, Chips, Mixed Berry Cup, Ketchup, Mayo, Mustard, Milk

Mini Waffles

14

**CHEESE BURGER OR HAMBURGER**  
OR EZ JAMMER  
Lettuce, Pickle, Tomato, Chips, Ketchup, Mustard, Mayo, Strawberry Cup, Milk

**AT-HOME LEARNING DAY**

**NO MEALS**

**NO SCHOOL TODAY**

## 2022-2023 MEAL PRICES

### PAID ELEMENTARY MEALS

**Breakfast \$1.00**  
**Lunch \$2.00**

### ADULT MEALS & 2nd STUDENT MEALS

**Breakfast \$2.75**  
**Lunch \$3.75**

During BREAKFAST, cereal and muffins are offered as daily alternatives to the breakfast entrée. Milk, fruit and juice are offered daily at breakfast time.

During LUNCH, students must choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein. When choosing ingredients and entrees to serve for our program we look for foods that are lean, low-fat, low-sodium, low-sugar, and whole grain rich. Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

Salad bar is offered daily. Items may vary from site to site. See interactive menus on district website for additional nutritional information.  
<https://www.slcschools.org/departments/child-nutrition/menus-common-concerns>

**½ CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL**

*Did you know?*

April is the best month of the year to look up to the skies and watch meteor showers!