



Salt Lake City School District Guidelines for Illness

Respiratory Illnesses

Symptoms of a respiratory illness:

- Fever (100.4 or above) or chills
 - Cough
 - Nasal or chest congestion
 - Shortness of breath or difficulty breathing
 - Sore throat
- May return when symptoms have improved, and they have been fever free for at least **24 hours**, without using fever-reducing medications.
- **Additional precautions:**
 - Students who are recovering from a respiratory illness should consider wearing a mask for 5 additional days when in public places.

CONJUNCTIVITIS - PINK EYE:

- Pink or red conjunctiva (whites of the eye), redness of the eyelids, or skin surrounding the eye.
- White or yellow drainage.
- Matted eyelashes upon awaking
- Eye pain, sensitivity to light.

Student may return to school when they have been treated with prescribed medication, for 24 hours and symptoms have improved.

COVID -19

Student may return 5 days after the symptom onset date (if there are no symptoms 5 days after the test date) if symptoms have resolved (including fever) for 24 hours without medication.

- Students should wear a mask for an additional 5 days at school.
- If the students test negative on the 6th and 7th day, no mask is necessary.

COUGHING:

- Uncontrolled excessive coughing.
- Accompanied by fever or feeling unwell.

Student may return to school when symptoms resolve.

CRYING/IRRITABILITY:

- Persistent crying or irritability can be a sign of illness.

Student may return to school when symptoms resolve.



DIARRHEA: Defined as an increased number of stools or change in consistency compared with the child's normal pattern.

- Two or more loose bowel movements during a school day.
- Unable to contain stool in toilet or diaper.
- Accompanied by fever or feeling unwell.

Student may return to school when symptoms resolve, and there has been no fever for at least 24 hours.

DIFFICULT BREATHING:

- Shortness of breath.
- Wheezing if not previously evaluated and treated by a healthcare professional.
No rescue medication available or no improvement after using it.

Student may return to school when symptoms resolve.

DRAINAGE:

- Any drainage from ears, eyes, nose, mouth, or open wounds that cannot be contained.

Student may return to school when symptoms resolve, and there has been no fever for at least 24 hours.

FEVER:

- Temperature ≥ 100.4 F with or without other symptoms.

Student may return to school there has been no fever for at least 24 hours without medication and other symptoms have resolved.

IMPETIGO:

- Open moist or crusty lesions, typically around the nose and mouth.

Student may return to school when sores are dried or can be covered with a bandage.

If medication is prescribed by a doctor, the student may return to school 24 hours after treatment is initiated.

INFESTATION:

Scabies: Student may return to school 24 hours after treatment initiated.

Head Lice: does not require a 24-hour exclusion (See SLCSO Head Lice Policy).

MOUTH SORES:



Excessive mouth sores making it too uncomfortable to attend school.

- Maybe accompanied by fever.
- Inability to swallow or excessive drooling.

Student may return to school when symptoms resolve, and there has been no fever for at least 24 hours without medication.

PINWORM AND OTHER PARASITES:

- Until receiving the first treatment of oral antibiotics.

Student may return to school 24 hours after treatment is initiated.

RASH:

- Any diffuse rash not previously evaluated and treated by a healthcare professional.
- Any rash accompanied by a fever or feeling unwell.

Student may return to school when symptoms resolve, and there has been no fever for at least 24 hours without medication. Parents may be asked to provide a doctor's note.

RINGWORM INFECTION:

Student may return to school after treatment is initiated.

SORE THROAT:

- Accompanied by fever or feeling unwell.

Student may return to school when symptoms resolve, and there has been no fever for at least 24 hours without medication.

STREP THROAT:

Student may return to school 12 hours after an antibiotic has been initiated, symptoms have improved and there has been no fever for 24 hours without medication.

VARICELLA – CHICKEN POX:

Student may return to school when lesions are dried and crusted (about 6 days) and there has been no fever for 24 hours without medication.

VOMITING:

- Two or more episodes of vomiting in the previous 24 hours.
- Any vomiting at school accompanied by fever or feeling un- well.

Student may return to school when symptoms resolve, and there has been no fever for at least 24 hours without medication.