

# December 2021



## Monday

*This institution is an equal opportunity provider.*

**MENU IS SUBJECT TO CHANGE.**

## Tuesday

## Wednesday

## Thursday

## Friday

Pancakes

**HOT DOG**

OR MUFFIN BASKET  
OR PIZZA LUNCHABLE

Potato Wedges,  
Peaches, Milk

Mini Bagel

**GRILLED CHEESE**

Chips, Apple, Baby Carrots, Milk

**GRAB & GO MEAL SERVICE**  
All school kitchens open  
for meal pickup from 10  
a.m. until 12 p.m.

French Toast Sticks

**COUNTRY FRIED STEAK**

OR MUFFIN BASKET  
OR MEAT & CRACKERS  
LUNCHABLE

Dinner Roll, Mashed Potatoes, Gravy, Broccoli, Applesauce, Milk

Biscuits & Gravy

**CHEESE ENCHILADAS**

OR NACHO CHEESE & CHIPS  
OR TURKEY SANDWICH

Cookie, Salsa, Pears, Lettuce, Pickle, Tomato, Milk

Mini Waffles

**BREADED CHICKEN SANDWICH**

OR EZ JAMMER

Chips, Lettuce, Pickle, Tomato, Baby Carrots, Apple, Milk

Breakfast Burrito

**BREADED CHEESE STICKS**

OR MUFFIN BASKET  
OR PIZZA LUNCHABLE

Marinara, Mixed Fruit, Milk

Pancakes

**FISH NUGGETS**

OR MUFFIN BASKET  
OR TURKEY HAM SANDWICH

Lettuce, Pickle, Tomato, Corn, Peaches, Milk

Breakfast Pizza

**TURKEY ROAST**

OR MUFFIN BASKET  
OR MEAT & CRACKERS  
LUNCHABLE

Cookie, Dinner Roll, Green Beans, Mashed Potatoes, Gravy, Applesauce, Milk

French Toast Sticks

**CHICKEN NUGGETS**

OR NACHO CHEESE & CHIPS  
OR TURKEY SANDWICH

Rice Krispies Treat, Broccoli, Pears, Orange Slices, Milk, Lettuce, Pickle, Tomato

Dutch Waffle

**CORN DOG**

OR EZ JAMMER

Chips, Baby Carrots, Apple, Milk

# WINTER RECESS



December 20<sup>th</sup> through December 31<sup>st</sup>

## 2021-2022 MEAL PRICES

ALL STUDENTS, regardless of income status may receive one **FREE** breakfast and one **FREE** lunch each day they attend school during the 2021-2022 school year.

### ADULT MEALS & 2<sup>nd</sup> STUDENT MEALS

Breakfast	\$2.50
Lunch	\$3.50

During BREAKFAST, cereal and muffins are offered as daily alternatives to the breakfast entrée. Milk, fruit and juice are offered daily at breakfast time.

During LUNCH, students must choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein. When choosing ingredients and entrees to serve for our program we look for foods that are lean, low-fat, low-sodium, low-sugar, and whole grain rich. Students are able to choose whichever healthy foods they like best.

Salad bar is offered daily. Items may vary from site to site. See interactive menus on district website for additional nutritional information.

<https://www.slcschools.org/departments/child-nutrition/menus-common-concerns>

1/2 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL.